## Personality And Social Support Effect On Cultural Coping Indonesian Women Migrant Workers

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Submission date: 31-Jan-2022 06:01AM (UTC-0500)

**Submission ID:** 1751879899

File name: Cultural\_Coping\_Indonesian\_Women\_Migrant\_Workers\_removed\_1.pdf (239.54K)

Word count: 693
Character count: 4104

Abstract ID: AIMC-2017-SSH-1339

## PERSONALITY AND SOCIAL SUPPORT: EFFECT ON CULTURAL COPING INDONESIAN WOMEN MIGRANT WORKER

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Abstract

Introduction: Women who work as domestic workers abroad face many difficulties and stress in handling the work and adaptation in different countries and culture. Difficulties and stress requires coping skills for dealing with a new environment, so their hopes and dreams of working abroad reached. Culturally, Javanese coping is done by approaching and engaging (mulur) or avoiding and collaborative coping (mungkret). This study wanted to explore further the cultural coping run by Indonesian women migrant worker and the factors that influence it, including personality (extraversion, neuroticism and openness) and social support (family, friends and authorities). Methodology: This study included 212 Indonesian women migrant workerwho worked as domestic workers in Taiwan and Hong Kong at least 3 years and by the time was in the dormitory shelterwaited for departure back to Taiwan and Hong Kong. The variables were measured by three scales. Coping culturalwas measured by adapting cultural coping scale developed by Kuo (2006), Big Five Factors from Mc Rae and Costa (1997), whereas social support was measured with a scale from Doeglas, et.al. (1996). Data was analyzed using multiple regression to saw the influence of the independent variables and multiple regression with stepwise techniques to see the contribution of each aspects. Findings: Based on data found that the variables have a significant effect. This study showed that cultural coping of Indonesian women migrant working affected significantly by high extraversion personality, family support and friend support. The other aspect had no significant. Contribution: The implication of this research was important to the Government to develop a psychological selection system to find the competence of migrant worker, so that the placement of migrant workers is in accordance with the required work competence. In addition, the government needs to provide policies that favor prospective workers abroad. A training at the village is linked to healthy living/ hygienic lifestyle, social etiquette, household skills and various information regarding employment and legal issues. Agents also need to increase their role to women working abroad so that they can complete the contract works

Keywords: migrant worker, subjective well-being, coping cultural, psyschological capital, social support

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